



Your Roles as a One to One Supporter

Role Title: One to one supporter

Reporting to: Project Coordinator

Main Aim: To work with a person e.g. someone with dementia, within the group, who may need additional support to get the full benefit of being at the sessions.

Tasks:

1. To develop a relationship of trust with the person over time
2. To work with the group facilitator and Project Coordinator to ensure that the group is dementia friendly
3. To sit next to the person and quietly ensure that they are able to engage with the discussion or activities
4. If appropriate to contact the person with dementia to remind them that the group is happening on the day and when they will be picked up.
5. To spend time with the person after the group to get feedback on whether they enjoyed it and if they would like anything different at future groups
6. To attend volunteer training
7. To attend support and supervision sessions with the Project Coordinator.

For more information contact:

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